



**Diocese of Amarillo**

*Safe Environment*

*Training Program*

Phone: (806) 383-2243

[www.amarillodiocese.org](http://www.amarillodiocese.org)

**I. KNOW THE RULES**

**Grades K – 12**

## The 10 Commandments

1. I am the Lord your God; you shall have no other Gods before me.

6. You shall not commit adultery.

2. You shall not take the name of the Lord your God in vain.

7. You shall not steal.

3. Remember the Sabbath day, to keep it holy.

8. You shall not bear false witness against your neighbor.

4. Honor your father and your mother.

9. You shall not covet your neighbor's wife.

5. You shall not kill.

10. You shall not covet your neighbor's goods.

